



**BARROW GREENER  
LIVING**

**NEWSLETTER – SPRING  
2024**

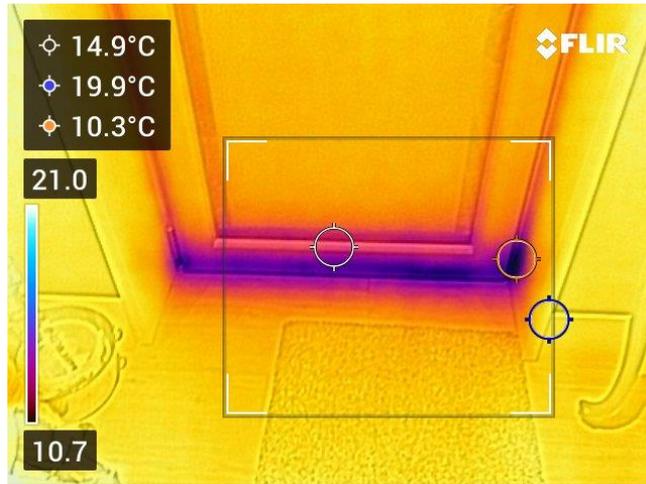
## **Welcome to our second Newsletter. In this issue:**

- . Home heat loss monitoring with an infrared camera.
- . Barrow to Leicester bus service reinstated.
- . Changes to items for recycling in your household green waste bin
- . Greenpeace Big Plastic Count 11-17 March 2024
- . Refills van: domestic products at reduced prices available in Barrow.

## **Amazing offer - Home heat loss monitoring**

BGLG now owns an infrared camera (financially supported by Barrow parish council) which enables thermal monitoring of your home. This process helps to spot where cold enters the weak spots of your home. This unique voluntary service is available to BGLG members, who have paid a membership of £5.00. In addition, there is a limited opportunity to borrow a carbon dioxide monitor and or humidity monitor. Both help to give an indication of air quality. Linked to this we are developing a booklet called Save Energy – Save Money which is a summary of 160 great tips and advice from several reputable websites on ways to conserve energy.

The following picture shows how cold enters under a front door – despite it supposedly being a good solid door!



If you have paid £5.00 membership and you would like to enquire about this service email [info@greenerliving](mailto:info@greenerliving) or Anne Freestone: [anne.freestone@gmail.com](mailto:anne.freestone@gmail.com)

## Barrow to Leicester bus service

A local service between Barrow and Leicester run by Centrebus was reinstated on 7 th January 2023 on the old No.2 route. A timetable link is below.

<https://www.centrebus.info/media/3890/128-barrow-upon-soar-to-leicester-mon-sat-250623.pdf>

## Greenpeace Big Plastic Count

11-17 March 2024; all households, schools, community groups and businesses are invited to count their plastic packaging waste and enter the results to The Big Plastic Count. Your personal plastic footprint will contribute to forming a national picture of the state of plastic waste in the UK which in turn will be used to agree a Global Plastics Treaty.

Use this link to sign up. <https://thebigplasticcount.com/>

# Recycling using your Green Bin

## Don't let your **Recycling** go to **WASTE**

**Recycling right can make a big difference.  
Putting the wrong items in can damage machinery  
and cause recycling loads to be rejected.**

### Tips to help us make every item count:

- Ensure it's clean and dry
- Put lids back on jars and bottles before recycling
- All packaging should be empty
- Items should go in loose/separate
- Flatten cardboard and cartons – keep it dry and leave next to your recycling bin

The following lists don't cover North West Leicestershire. For further information on kerbside collections in this area visit [nwleics.gov.uk](http://nwleics.gov.uk)

### Cartons and tetra paks

- ✓ Food and drink cartons, such as milk, soups etc
- ✓ Crisp tubes, such as Pringles

### Glass

- ✓ Glass bottles and jars
- ✗ Flat glass, mirrors, drinking glasses, pyrex etc as these have different melting points and cannot be recycled in the same way

### Nappies

- ✗ Nappies can't be recycled, so put them in your general waste bin

### Metals

- ✓ Drinks cans and food tins
- ✓ Biscuit and chocolate tins
- ✓ Empty aerosol cans – but avoid aerosols that contain hazardous materials such as WD40 or fly killer
- ✓ Clean aluminium foil crumpled into a ball
- ✓ Clean foil trays
- ✗ Metal tubes such as tomato puree
- ✗ Cooking oil tins
- ✗ Paint tins

### Plastics

- ✓ Bottles from the kitchen or bathroom (but no pumps or trigger sprays); pots, tubs, trays, punnets, bags and film
- ✗ Black plastic, crisp packets, sweet wrappers, plant pots, tubes such as toothpaste and rigid plastics such as toys, CD cases or Tupperware

### Textiles

Textiles can't be recycled with other materials so please use a separate collection if provided or a clothes bank

**For more tips on how you can reduce, reuse and recycle right, visit [lesswaste.org.uk](http://lesswaste.org.uk)**

 Leicestershire recycles

## Don't forget the Real Refills Van

The Refills van continues to visit this village; first Tuesday of each month, 6 to 7pm on Soar Bridge Inn carpark (parking monitoring now removed). Savings on the cost of the domestic products available and on the disposal of plastic by refilling containers.



## Our wonderful “green” Christmas tree

We joined many other great Barrow Groups and joined the Holy Trinity’s Christmas Tree Festival.



## Join us to make Barrow a greener village

Ideas, views on related topics, suggestions for projects and all contact with the group will be welcomed. We are an inclusive bunch and if all people who are concerned about the environment and climate come together, we can make change possible.

A copy of the full membership policy is attached to the membership application form. Annual membership costs £5.00 for a full year and £3.00 for less than six months. Membership paid now will be valid until June 2025. Ideas, views on related topics, suggestions for projects and contact with groups with common interests are welcome.

**To become a member please visit [membership.barrowgreenerliving.co.uk](https://membership.barrowgreenerliving.co.uk).**

### **Barrow Greener Living Group**

Chair- Bob Johnson, Treasurer – Nick Thomas, Secretary- Alan Willcocks.